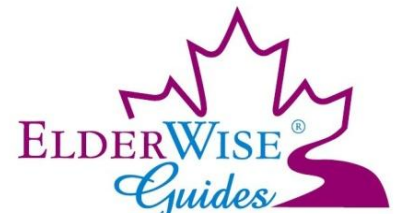


## Seniors Housing Resources



CBC Calgary Radio One 1010AM

Wildrose Country Columnist: ElderWise® December 2<sup>nd</sup> 2008

Seniors' Housing: Understanding the jargon and making the right choice

Listen: <http://www.cbc.ca/calgary/programs>

Today, there are more housing options available and seniors and their families need to be informed about the different services offered by each type. The following resources can help you become better informed.

Calgary

Kerby Centre

1133 - 7<sup>th</sup> Ave SW

Calgary, AB, T2P 1B2

403-705-3219

Housing directory

Phone: 403-705-3230

Web: [www.kerbycentre.com](http://www.kerbycentre.com)

Provincial

Alberta Seniors' and Community Supports

[www.seniors.gov.ab.ca](http://www.seniors.gov.ab.ca)

Seniors Information Line

1-800-642-3853

Edmonton

Seniors Association of Greater Edmonton, SAGE

15 Sir Winston Churchill Square NW

Edmonton, AB, T5J 2E5

Phone: 780-423-5510

Web: [www.mysage.ca](http://www.mysage.ca)

Mount Royal College and United Active Living offer an annual housing forum in Calgary.

Check the events page on our website for announcements in 2009.

<http://www.elderwise.ca/events.html>

If you are thinking about moving but have unanswered questions, consider ElderWise Coaching to help you and your family to make a SMART Move.™

Tel: 403-237-5746

1-877-237-5743